



Personality Testing

Comparisons and Clinical Applications



Two Primary Approaches

- Diagnostic
 - Minnesota Multiphasic Personality Inventory
 - California Personality Inventory
 - 16PF
- Categorical
 - Myers Briggs Type Indicator
 - NEO



Personality Testing...

- Measures Characteristics
 - emotional
 - motivational
 - interpersonal
 - attitudinal
- Does not determine
 - achievement
 - abilities
 - aptitude/intelligence

In the Beginning...

- Woodworth Personal Data Sheet
 - WWI
 - An attempt to standardize the psychiatric interview
 - a checklist of neurotic and pre-neurotic symptoms as described in the literature and by reports from psychiatrists

The Major Personality Tests

Diagnostic Personality Tests	Non-Diagnostic Personality Tests
MMPI	MBTI
16PF	NEO
CPI	
Millon Clinical Multiaxial Inventory	

MBTI & Type

- While Carl Jung had first described his [Type Theory](#) in 1921, the theory had gained little attention, and he had no way to measure or determine a person's personality type.
- Mean time, and coincidentally, Isabel Myers and her mother Katharine Cook Briggs who had no training in psychology but were very interested in people's personality differences, developed a measure based on a model strikingly close to Jung's Type Theory.
- Eventually, they joined forces to combine the measure with Type Theory.
